

COVID-19 PLAN FOR BASKETBALL TRANSPORTATION AND PRACTICES

There is no way to completely eliminate the risk of COVID-19 infection, but the following safety precautions are set to help decrease the risk of contracting the virus during the 2020-2021 Basketball season. There is always some level of assumed risk with any sport, and this virus can be added to the possible risks, but we will do our best to mitigate those risks as much as possible.

As recommended by the medical community:

1. If you have a fever or any symptoms of this virus (or any illness), stay home.
2. Wash and sanitize your hands frequently.
3. Practice social distancing whenever possible and necessary.
4. Wear a mask/face covering when required.

Specifics that we will implement:

Transportation to and from practice:

1. The JVBB team will travel in 1 van and the JVGBB team will travel in one van. There are no more than 2 persons per seat, with space in between them.
2. Each athlete will wear a face covering while in the vehicle since it is an enclosed space.
3. Whenever weather permits, we will open the windows to allow fresh air to circulate.

At practice:

1. Each athlete will need their own water bottle(s) for every practice. We will not use the water fountain and nobody should share water bottles. Any disposable water bottles brought must be disposed of in the trash can by the person who brought it.
2. Each athlete should wash/sanitize his hands after arrival, before departure, and as needed during practice.
3. Though we are used to physical contact- in a huddle or when someone makes a good play or needs encouragement- we currently have to use alternative methods of encouragement (spread out huddles, air high fives, thumbs up, use your words).
4. Whenever weather permits, we will prop open the gym doors to allow fresh air to circulate.
5. As much as the drills allow, distance will be kept between athletes. Please understand, though, that some drills and play on the court do not allow for distance to be maintained, and that is one of the risks involved when participating in a sport.
6. Athletes should not wear a face covering while participating in play, but may wear a face covering in the gym when not participating (going over plays, team prayer/devotions, acting as a substitute during a scrimmage, water/hand washing breaks, etc.) if they would like.
7. There is a limit of one person at a time in the restrooms. There will be no changing of clothes/uniforms in the restrooms at the gym.